

EBMA Management Development Spring Seminars

RSVP to Lexi Byrd at abyrd@gdeb.com. Shop orders are not provided.
All classes are on Teams. Classes are FREE and ALL EBMA members are welcome!

| Date | Topic | Time |
|------------|---|-----------------------|
| 4/7 | Preparing for Interviews | 4:00 p.m. - 6:00 p.m. |
| 4/9 | Taking the Stress Out of Tough Conversations | 4:00 p.m. - 6:00 p.m. |
| 4/14 | What's in a Name? Tips and Tricks for Remembering Names | 4:00 p.m. - 6:00 p.m. |
| 4/16 | Dealing With Difficult People | 4:00 p.m. - 6:00 p.m. |
| 4/21, 6/23 | The Gandalf Effect | 4:00 p.m. - 6:00 p.m. |
| 4/23, 6/11 | What's Your Story? | 4:00 p.m. - 6:00 p.m. |
| 4/28 | Lessons From Lasso | 4:00 p.m. - 6:00 p.m. |
| 4/30 | Transformational Leadership | 5:00 p.m. - 6:30 p.m. |
| 5/5 | Strategies for Team Performance | 5:00 p.m. - 6:30 p.m. |
| 5/7 | Five Dysfunctions of a Team | 4:00 p.m. - 6:00 p.m. |
| 5/12 | Giving and Receiving Feedback | 4:00 p.m. - 6:00 p.m. |
| 5/14, 6/9 | Leading With Empathy | 4:00 p.m. - 6:00 p.m. |
| 5/19 | Imposter Syndrome | 4:00 p.m. - 6:00 p.m. |
| 5/21, 6/25 | Psychological Safety for All | 4:00 p.m. - 6:00 p.m. |
| 5/26 | Raising Your Emotional Intelligence | 4:00 p.m. - 6:00 p.m. |
| 5/28 | Managing Workplace Stress | 4:00 p.m. - 6:00 p.m. |
| 6/2 | Foundations of Mentor Relationships | 4:00 p.m. - 6:00 p.m. |
| 6/4 | Emotional Drivers for Engagement | 4:00 p.m. - 6:00 p.m. |
| 6/16 | Goal Setting | 4:00 p.m. - 6:00 p.m. |
| 6/18 | Overcoming Negativity in the Workplace | 5:00 p.m. - 6:30 p.m. |
| 6/30 | Lessons from 7 Habits of Highly Effective People | 4:00 p.m. - 6:00 p.m. |