



Electric Boat Management Association (EBMA)

Foundations of Mentor Relationships

Facilitated by Meredith Kyle

This workshop will address how to build a successful mentor relationship. The participants will learn about establishing a mentor relationship that is mutually beneficial to both parties involved. Mentorship is changing and is no longer just for late-in-their-career executives offering sage advice to a younger counterpart.

The objectives of the Foundations of Mentor Relationships workshop:

- Defining the three types of mentoring
- Changing the way we view the mentor/protégée relationship
- How to build a successful mentor/protégée relationship
- How to coach protégées

Facilitator Information:



Meredith Kyle is passionate about developing future leaders and helping people reach their full potential. She has worked in Workforce Development at General Dynamics Electric Boat for the last five years, focusing on leadership development programs, learning strategy and mentorship. Prior to her life at EB, she worked in the hospitality industry and served as an adjunct faculty member in North Carolina, Vermont and Massachusetts. She received her master's degree in organizational leadership from Gonzaga University and her Bachelor of Science in hotel administration from Cornell University. In her spare time, she can be found coaching your sports, promoting EB to our community and organizing local events.

If you are interested in signing up for this workshop or have any questions, please reach out to EBMA Management Development Director, [Lexi Byrd](#).