



## Electric Boat Management Association (EBMA)

### Improv for Leaders



Improv at EB?!? That's right! Come try out your improv skills focused around leadership! Improvisation lives in ambiguity, unpredictability and the unknown, and it is part of the art and the nature of businesses. Teams and their leaders need to be agile and able to react and adapt in real time. Improv teaches these individual and team-building skills in a way that solidifies the learning and creates actual change. Improvisation, at its core, is a skillset that anyone can learn, and the applications are incredibly far-reaching. Improv techniques to help you find and flex your creative muscles and grow as a business leader. This workshop will offer hands-on interactive exercises, and you'll actively practice what you learn in a safe, non-judgmental environment. By developing an improv mindset, you'll be more open to solving challenges in new ways, sharing your authentic self and leading with both confidence and empathy.

#### **This workshop will allow you to:**

- Develop an improv mindset to increase your creativity, flexibility, empathy and effectiveness as a leader.
- Sharpen essential "soft skills" to become a more authentic, agile and dynamic leader.
- Read situations and make well-calibrated, appropriate responses for different audiences and circumstances.
- Inspire and connect with your teams as well as foster creative problem-solving.
- Understand how to use, display and vary your power and status so it's most appropriate for the situation.

Even if you are not a leader (yet), come try out this workshop and have fun!

Email [abyrd@gdeb.com](mailto:abyrd@gdeb.com) to secure your spot in this out-of-the-box training!