



## **Electric Boat Management Association**

### ***Giving and Receiving Feedback***

***June 6, 2024 Time: 4:00pm***

The “Giving and Receiving Feedback Workshop” is a dynamic and interactive session designed to help participants develop the skills necessary for giving and receiving feedback constructively and productively. In both personal and professional contexts, effective feedback is a critical communication tool that fosters growth, enhances relationships, and drives improvement.

#### Key Objectives:

- Understand the importance of feedback
- Types of feedback:
  - Learn about different types of feedback, including positive, constructive and developmental feedback
  - Understand when and how to apply each type effectively
- Giving constructive feedback
  - Discover strategies for providing feedback that is specific, actionable, and respectful
  - Practice techniques for framing feedback in a way that promotes understanding and motivation for improvement
- Receiving Feedback:
  - Develop skills to receive feedback with an open mind and without defensiveness
  - Learn how to ask qualifying questions and seek additional input to better understand feedback.

**Presented by:**  
**Meredith Kyle**



Meredith Kyle is passionate about developing future leaders and helping people reach their full potential. She has worked in Workforce Development at General Dynamics Electric Boat for the last five years, focusing on leadership development programs, learning strategy and mentorship. Prior to her life at EB, she worked in the hospitality industry and served as an adjunct faculty member in North Carolina, Vermont and Massachusetts. She received her Master’s Degree in Organizational Leadership from Gonzaga University and her Bachelor of Science in Hotel Administration from Cornell

University. In her spare time, she can be found coaching your sports, promoting EB to our community, and organizing local events.

If you are interested in signing up for this workshop, please email [ebmamd@gdeb.com](mailto:ebmamd@gdeb.com) to be enrolled into the class. If you have any questions please reach out to [ebmamd@gdeb.com](mailto:ebmamd@gdeb.com). Please contact Lexi Byrd (EBMA – Management Development Director) at [ebmamd@gdeb.com](mailto:ebmamd@gdeb.com) or 860-433-8037 with any additional questions.

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**June 6, 2024**

**Westerly Education Center**

**4:00pm – 6:00pm**

