



Electric Boat Management Association Candidate for Board of Directors 2021

Erin Pedone

I have been a Workers' Compensation Specialist with Electric Boat for almost 8 years. Prior to this, I bring 14 years of experience in Workers' Compensation holding licenses in CT and VT as well as previously handling claims in MA and for the Mohegan Tribe.

I am a certified Wellness Coach who owns my own business: Live deliberately Wellness Coaching. My main focus is helping women to reduce stress, lose weight and achieve their goals through habit change and a strong belief in the benefits of meditation and fostering belief in themselves.

Currently, I am an EBMA Booster Manager, Children's Parties coordinator and Sunshine Committee member as well as a faithful participant of most EBMA programs and events. With Women in Defense, I am the current Secretary. Recently, I became a member of the new ForWARD group.

I believe in building long term relationships in both my personal and professional life and have been able to develop many long term relationships by volunteering to organize parties, workshops, kid's craft classes and fundraisers. I have organized or co-chaired fundraising events to support Autism, MS, The Gemma Moran Food Bank, Safe Futures and The American Heart Association. I have a passion for volunteer work and often help out with the United Way programs through working with EBECSA and BEC as well as through EBMA and WID. I got to achieve one of my long term goals last year by working on a Habitat for Humanity home! It was so very rewarding....I am already signed up for this year!

As a crafter, I am always working on a new theme for the next event! I am filled with new ideas, creativity and enthusiasm to implement them.

I believe in self-development and finding new ways to improve workplace culture. I believe in continuous self-improvement and would like to be a more integral part of an organization that offers these benefits to other members. I enjoy bringing people together to get involved and interact.

I would be honored to serve on the Board of Directors for The Electric Boat Management Association.

Live deliberately...with passion, purpose and positivity!